



Octane
FUEL YOUR LIFE

INNOVATIVE PRODUCTS. POWERFUL RESULTS.



UNIQUE WORKOUTS FUEL YOUR BUSINESS

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Octane

Our standout lineup is loaded with innovative products that deliver exceptional distinction, motivation, and performance. Stay tuned as we design even more premium fitness solutions that out perform your expectations and ignite your business.

Octane
FITNESS



GET FUELED WITH OCTANE

At Octane, we're dedicated to supplying gyms and individuals with superior low-impact fitness equipment to fuel their lives.

Octane offers a variety of forward-thinking modalities for the cardio floor, HIIT and more.

We're always looking for ways to improve so that we can continue to fuel our buyers with innovative products, dedicated resources, and uncompromised quality – all with integrity. We are more than an equipment supplier, we are a strategic partner that presents distinctive custom solutions. This is a reason why Octane is a division of TRUE Fitness, a global leader of premium products for over 40 years.

Around the world, Octane Fitness equipment fuels health clubs, studios, recreation centers, corporate wellness facilities, colleges and universities, professional sports teams, the U.S. military and more.



OVER 20 YEARS OF INNOVATION

Founded in **2001**, Octane Fitness was dedicated to making the best elliptical machines in the world. The company revolutionized the standing elliptical category, with multiple breakthroughs unavailable on any other machines, such as SmartStride, MultiGrip and Converging Path handlebars and Workout Boosters.

Octane then invented the recumbent elliptical category with the unique XRide® in **2008**, providing a new exercise modality for total-body seated workouts. In **2012**, Octane made history again with the innovative LateralX®, which offers lateral motion and a stepping motion for functional, total-body challenges.

In **2015** the XT-One was added, a versatile, all-in-one cross trainer that lets exercisers walk, run, hike or climb. With the addition of the Octane ADX air bike in **2016** and Octane RO in **2019**, Octane added even more low-impact options. In **2020**, Octane was added to the TRUE Fitness family, then in **2021** the Surge Cycle Bike was introduced.

An all-in-one machine that lets exercisers **walk, run, hike** or **climb** to target different muscles for customized effectiveness.



WALK

The biomechanically precise motion of the XT-One machine delivers a low-impact, comfortable walk, with a choice of shorter or longer strides to custom-fit exercisers with different leg lengths.



RUN

Exercisers can change pace or stride length to customize their run motion. Or they can take advantage of SmartStride® interactive ergonomics, which replicate jogging or running by automatically adjusting the stride length from 20"-28" based on the user's pace.



HIKE

Hit the hills and boost cardiovascular and muscular endurance by selecting from 10 incline levels that target the legs and work the upper body and core. Users can opt for greater challenges with several incline workouts, including Mountain Peak and Progressive Hill.



CLIMB

The ultimate challenge with a steep climb that strengthens the quads, glutes and hamstrings with deep strides and high-intensity cardio and strength work.

*Smart console only
**Standard console only

XT-One Specifications

KEY MECHANICAL FEATURES

Adjustable incline	10 levels
Adjustable stride lengths	20"- 28" (51 cm - 71 cm)
Electronically adjustable stride	•
Quiet motor	•
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
MultiGrip and Converging Path handlebars	•
Moving handlebar lock-out option	•
Side steps	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Apple Gym Kit**	•
SmartStride® technology	•
Resistance levels	30
Quick Starts (Walk, Run, Hike, Climb)	4
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	ANT+® and Polar®
Incline and stride buttons on moving handlebars	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•

CONSOLE OPTIONS

Smart	
Standard	

ENTERTAINMENT OPTIONS

LG TV	•
Wireless 900 Mhz**	•

WORKOUTS

Number of workouts	15
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• Standard • Optional

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Custom Interval	•

PRESET PROGRAMS

Manual	•
Random	•
Distance Goal	•
Calorie Goal	•
Custom Interval	•
CROSS CIRCUIT	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

INCLINE PROGRAMS

Mountain Peak	•
30:30 Hill	•
Progressive Hill	•

STRIDE LENGTH PROGRAMS

SmartStride®	•
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WORKOUT BOOSTERS

X-Mode	•
ArmBlaster	•
GlutePower	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	33" x 75" (84 cm x 191 cm)
Footprint - live area	33" x 92" (84 cm x 234 cm)
Product weight	395 lbs (180 kg)
Footprint with side steps (W x L)	40" x 92" (102 cm x 234 cm)s
Product weight with side steps	427 lbs (194 kg)

WARRANTY

Frame	3 years
Parts	3 years
Labor	1 year



XTOne

THE ONE CROSS-TRAINER THAT DOES IT ALL

OCTANE ADVANTAGES

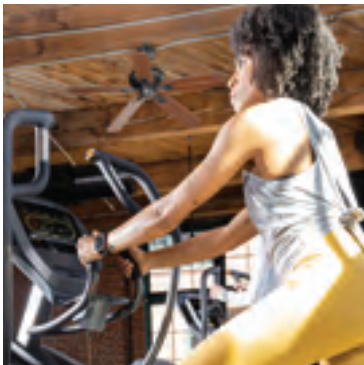
- Replaces adaptations of ellipticals and non-elliptical modalities in one machine
- Adjustable incline
- Adjustable stride length
- SmartStride® technology
- Advanced training 30:30 and MMA
- Workout Boosters

INCLINE ELLIPTICAL



SMARTSTRIDE®

Automatically adjusts stride length from 20"- 28" according to users' pace to align them properly for walking, jogging and running.



UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward. With close pedal spacing of 1.8", the body is properly aligned from head to toe minimizing stress on the joints and lower back.



LOW STEP-UP HEIGHT

A low step-up height makes it easy to enter and exit a workout.

XT4700 Specifications

KEY MECHANICAL FEATURES

Adjustable stride lengths	20"- 28" (51 cm - 71 cm)
Electronically adjustable stride	•
Quiet motor	•
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip and Converging Path handlebars	•
Moving handlebar lock-out option	•
Side steps	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Apple Gym Kit**	•
SmartStride® technology	•
Resistance levels	30
Quick Starts (Walk, Jog, Run)	•
Digital contact heart rate on moving handlebars	•
Fingertip controls on moving handlebars	•
Wireless heart rate ready	ANT+® and Polar®
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

LG TV	•
Wireless 900 Mhz**	•

• Standard • Optional

WORKOUTS

Number of programs	15
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HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Interval	•

PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•
CROSS CIRCUIT	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

STRIDE LENGTH PROGRAMS

PowerWalk	•
Stride Interval	•
Dual Direction	•

WORKOUT BOOSTERS

SmartStride®	•
X-Mode	•
ArmBlaster	•
GluteKicker	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	364 lbs (165 kg)
Footprint with side steps (W x L)	40" x 87" (102 cm x 221 cm)
Weight with side steps	390 lbs (177 kg)

WARRANTY

Frame	3 years
Parts	3 years
Labor	1 year

*Smart console only **Standard console only

TOP-OF-THE-LINE, ADJUSTABLE STRIDE ELLIPTICAL

OCTANE ADVANTAGES

- Electronically adjustable stride 20"-28"
- SmartStride® technology
- Close pedal spacing
- Low step-up height
- Advanced training 30:30 and MMA

XT4700



UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



ADVANCED PROGRAMS

For the ultimate in HIIT, the 30:30 Interval and MMA workouts have exercisers mastering vigorous sets of intervals that push them to work harder.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward. With close pedal spacing of 1.8", the body is properly aligned from head to toe minimizing stress on the joints and lower back.



SIDE STEPS

Add workout variety with this option to focus on the upper body only.

*Smart console only
**Standard console only

XT3700 Specifications

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip and Converging Path handlebars	•
Moving handlebar lock-out option	•
Side steps	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Apple Gym Kit**	•
Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	ANT+® and Polar®
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

LG TV	•
Wireless 900 Mhz**	•

WORKOUTS

Number of programs	12
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• Standard • Optional

PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•
CROSS CIRCUIT	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

WORKOUT BOOSTERS

X-Mode	•
GluteKicker	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	342 lbs (155 kg)
Footprint with side steps (W x L)	40" x 87" (102 cm x 221 cm)
Weight with side steps	368 lbs (167 kg)

WARRANTY

Frame	3 years
Parts	3 years
Labor	1 year



XT3700

24" STRIDE LENGTH

OCTANE ADVANTAGES

- Smooth motion
- Advanced training 30:30 and MMA
- Close pedal spacing
- MultiGrip & Converging Path handlebars
- Workout Boosters
- Side step-compatible



LATERAL MOTION

Active side-to-side motion increases caloric expenditure by up to 27% and increases hip muscle activation when going from the narrowest to the widest width.*



ADJUSTABLE MOTION

Ten adjustable width levels begin in a narrow stepping motion and diverge to an active, side-to-side movement for greater variety.



UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



ADVANCED PROGRAMS

Exercisers can take on HIIT with Octane's exclusive 30:30 Interval and MMA workouts, which incorporate rigorous intervals for challenges that help drive results.

* Study conducted by Minnesota State University Mankato going from lateral width 1 to lateral width 10.

**Smart console only

***Standard console only

LateralX Specifications

• Standard ◦ Optional

KEY MECHANICAL FEATURES	
Lateral width adjustments	10
Electronically adjustable lateral width	•
Quiet motor	•
Soft grip pedals	•
Low step-up height	•
MultiGrip and Converging Path handlebars	•
Moving handlebar lock-out option	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack**	•
Transport wheels	•
ELECTRONIC FEATURES	
Apple Gym Kit***	•
Resistance levels	30
Quick Starts (Narrow, Medium, Wide)	•
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	ANT+® and Polar®
Fingertip controls on moving handlebars	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•
CONSOLE OPTIONS	
Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons
ENTERTAINMENT OPTIONS	
LG TV	◦
Wireless 900 Mhz***	◦

WORKOUTS	
Number of programs	14
LATERAL WIDTH PROGRAMS	
Lateral Interval	•
Dual Direction	•
PRESET PROGRAMS	
Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•
HEART RATE-CONTROLLED PROGRAMS	
Heart Rate Fat Burn	•
Heart Rate Interval	•
ADVANCED PROGRAMS	
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•
WORKOUT BOOSTERS	
X-Mode	•
ThighToner	•
QuadPower	•
PRODUCT SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Footprint (W x L)	42" x 63" (106 cm x 160 cm)
Product weight	388 lbs (176 kg)
WARRANTY	
Frame	3 years
Parts	3 years
Labor	1 year

MOVE IN A DIFFERENT DIRECTION

LATERAL 

OCTANE ADVANTAGES

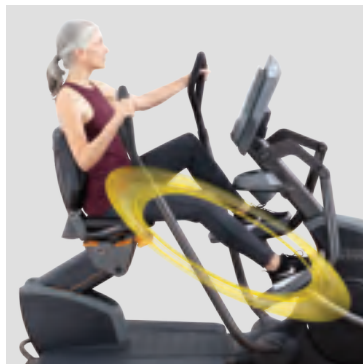
- Up to 27% increase in caloric expenditure when going from narrowest to widest width*
- Adjustable lateral 3-D motion
- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working the hips, thighs and glutes





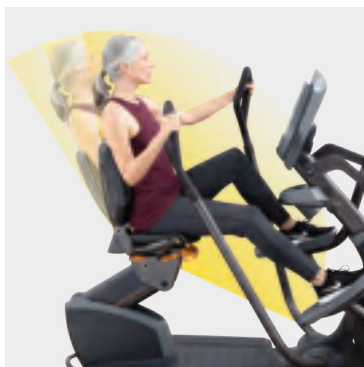
SWIVEL SEAT

To maximize ease of entry and exit, the swivel seat turns +/- 105 or 210 degrees to comfortably accommodate exercisers.



POWERSTROKE

Facilitates leg extension to engage more muscles, burn calories and help achieve optimal results from a seated position.



CUSTOMIZED COMFORT

The Active Seat Position is designed for different size exercisers by offering multiple tilt and height adjustments for the perfect fit and superior comfort.



UPPER-AND LOWER-BODY ISOLATION

Users can complete total-body workouts, or exclusively target their upper or lower body during intervals for variety.

xR6000s Specifications

• Standard ◦ Optional

KEY MECHANICAL FEATURES

Swivel seat	•
Side platforms	•
Oversized platform	•
Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	•
MultiGrip handlebars	•
Stationary handlebars	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•
Pedal straps	◦

ELECTRONIC FEATURES

Apple Gym Kit**	◦
Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	ANT+* and Polar*
Fingertip controls on stationary handles	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

*Smart console only

**Standard console only

ENTERTAINMENT OPTIONS

LG TV	◦
Wireless 900 Mhz**	◦

WORKOUTS

Number of programs	14
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PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Hill	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

WORKOUT BOOSTERS

X-Mode	•
Leg Press	•
Chest Press	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	39" x 72" (98 cm x 182 cm)

Product weight	339 lbs (154 kg)
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WARRANTY

Frame	10 years
Parts	3 years
Labor	1 year

SWIVEL SEAT & SIDE PLATFORMS MAXIMIZE ACCESSIBILITY

xRide

OCTANE ADVANTAGES

- +/- 210-degree swivel seat
- Side platforms
- Upper/lower-body isolation
- Active Seat Position
- Step-through design
- Simple start-up



+/- 210° swivel seat
& side platforms



QUICK-RELEASE FOOT STRAP

This patented design enables exercisers to quickly insert their feet and pull up on the handle for a secure fit. A simple push of a button releases the strap for an easy exit.



DUAL RESISTANCE

Combined fan and magnetic brake resistance provides a broader range of intensity levels to accommodate everything from easy rows to grueling HIIT sessions.



MULTIGRIP HANDLEBAR

Multiple hand positions facilitate greater comfort, variety and more activation of chest, back and arm muscles.



ENHANCED CONSOLE

This 7" backlit LCD monitor features a dynamic calorie meter, plus real-time performance metrics, to motivate exercisers to work hard.

Octane Ro Specifications • Standard • Optional

KEY MECHANICAL FEATURES

High-velocity fan	•
Dual resistance	Fan and magnetic brake
Quick-release foot straps	•
MultiGrip handle	•
Handlebar docking station	•
Handlebar strap	Belt
Transport wheels	•
Mobile device placement	•
Compact design	Tilt up
Storage	•

ELECTRONIC FEATURES

Display type	7" backlit LCD
Calorie burn meter	•
Resistance levels	10
Wireless heart rate ready	Bluetooth® and ANT+®
Bluetooth® compatible for heart rate only	•
Power requirement	Generator-powered
Power supply	•

CONSOLE OPTIONS

Standard	•
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WORKOUTS

Number of programs	6
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PRESET PROGRAMS

Quick Start	•
Max 14 Interval	•
Interval	•
Calorie Goal	•
Distance goal	•
Max CiRCUIT	•

PRODUCT SPECIFICATIONS

Max user weight	350 lbs (160 kg)
Footprint (L x W x H)	94" x 24" x 47" (239 cm x 61 cm x 119 cm)
Product weight	129 lbs (58 kg)
Seat height	17" (43 cm)
Rail length	53" (135 cm)
Storage height	93" (236 cm)
Shipping dimensions	53"x 34"x 19" (135 cm x 86 cm x 48 cm)
Shipping weight	150 Lbs (68 kg)

WARRANTY*

Frame	10 years
Parts	3 years
Labor	1 year

*Warranty outside the US and Canada may vary.

OCTANE ADVANTAGES

- Quick-release foot strap
- Dual resistance – fan and magnetic brake
- MultiGrip handlebar
- Enhanced console featuring a calorie meter
- Comfort seat
- Oversized handlebar catch
- Small footprint

Octane
RO™



ROWING
REDEFINED



UPPER BODY

The cushioned MultiGrip handlebars let exercisers choose from horizontal or vertical placement options to target different muscles and add variety; or isolate the upper body using the stationary anti-slip foot pegs with triple-sided grip pads for traction.



MAXIMUM RESULTS

Users determine the intensity level and resistance - settle into steady-state cardio or go hard with intensity training. They can also focus on the upper body by placing feet on stationary anti-slip footpegs.



26-BLADE PERFORMANCE FAN

Our custom-designed, 26-blade performance fan design allows exercisers to generate more watt power efficiently and burn more calories.



CUSTOMIZED COMFORT

Precisely designed for extra comfort, the ADX bike has multiple adjustment options to accommodate different size users.

ADX Specifications

• Standard • Optional

KEY MECHANICAL FEATURES	
Full-commercial grade	•
MultiGrip handlebars	•
Performance fan	26 blades
Weighted inertia ring	•
Drive system	Single-stage belt drive
Ball bearings at pivot points	•
Solid steel cranks	•
Stabilizer feet/levelers	•
Foot pegs	•
Replaceable pedals	•
Multi-position seat	•
Replaceable seat	•
Water bottle holder	•
Transport wheels	•
Air diverter	•

ELECTRONIC FEATURES	
LCD tachometer display	•
Resistance levels	Progressive wind resistance
Wireless heart rate ready	ANT+* and Polar***
Quick Start	•
Quick program keys	•
Self-powered*	•
Watts calibration (adjusts to elevation)	•
Class A watts rating	•
Power supply	◦

WORKOUTS	
Number of programs	9
PRESET PROGRAMS	
Manual	•
20/10 Interval	•
30/90 Interval	•
Custom Interval	•
Time Target	•
Calorie Target	•
Kilojoules Target	•
Miles Target	•
Kilometers Target	•

PRODUCT SPECIFICATIONS	
Max user weight	350 lbs (160 kg)
Footprint (W x L x H)	26" x 55" x 53" (66 cm x 140 cm x 135 cm)
Footprint - live area (W x L x H)	26" x 55" x 53" (66 cm x 140 cm x 135 cm)
Product weight	113 lbs (51 kg)

WARRANTY	
Frame	3 years
Parts	3 years
Labor	6 months

* Includes 2D Batteries for console operation

** Optional Polar* uncoded active over 5k Hz

Standard Console



PERFORMANCE REDESIGNED

ADX

OCTANE ADVANTAGES

- Full-commercial grade
- 26-blade performance fan
- Inertia performance drive system
- Single-stage belt for instant activation
- Class A watts rating
- Smooth motion
- HIIT workouts
- Calibration technology





DUAL SIDED PEDALS

SPD clips and pedal cages provide a secure connection to help improve pedaling efficiency.



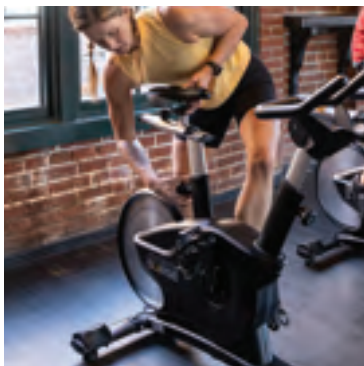
MAGNETIC RESISTANCE

A maintenance free system that doesn't require replacing any friction pads like friction resistance systems.



REAR ALUMINUM FLYWHEEL DESIGN

Protects from sweat and corrosion. Poly-V Drive belt for a smooth ride.



DUAL ADJUSTABLE UNIVERSAL SEAT

The Dual adjustable seat provides horizontal and vertical adjustments, providing biomechanically correct positioning.

SURGE Specifications • Standard ° Optional

KEY MECHANICAL FEATURES		PRODUCT SPECIFICATIONS	
Rear Drive System	•	Frame Material	Steel
Magnetic Resistance	•	Flywheel Material	Aluminum
Poly-V Drive Belt	•	Q-Factor	6.46" (164.2 mm)
Dual Sided Pedals	•	Max user weight	350 lbs (160 kg)
Horizontal and Vertical Adjustable Handlebars	•	User height range	61" - 77" (1549.4-1955.8 mm)
Horizontal and Vertical Adjustable Seat	•	Footprint (LxWxH)	58.74" x 23.77" x 43.89" (1492 x 604 x 1115 mm)
Tilt-and-Push Wheel System	•	Product Weight	112.5 lbs (51 kg)
Dual Bottle Holder	•	Shipping Dimensions (LxWxH)	49.12" x 12.4" x 39.3" (1250 x 315 x 1000 mm)
Stretch Plates	•	Shipping Weight	126 lbs (57.2 kg)

ELECTRONIC FEATURES	
Display Type	7" backlit LCD
Resistance levels	20
Wireless heart rate ready	Bluetooth® and ANT+®
Bluetooth® compatible for heart rate only	•
Power Requirement	Generator Powered
CONSOLE OPTIONS	
Standard	•
WORKOUTS	
Number of programs	6

PRESET PROGRAMS	
Quick Start	•
Max 14 Interval	•
Interval	•
Calorie Goal	•
Distance Goal	•
MAX CIRCUIT	•

WARRANTY*	
Frame	5 years
Mechanical Parts (Drive Mechanism, Breaking System, Cranks)	2 years
Labor	1 year
Wear Items (Saddle, Pedals)	3 months

*Warranty outside the US and Canada may vary.

Standard Console



CYCLING REDEFINED

Octane
SURGE

OCTANE ADVANTAGES

- Magnetic resistance provides smooth frictionless resistance
- A built-in generator powers the console eliminating the constant need to replace batteries
- Rear flywheel design protects from sweat and corrosion
- Poly-V Belt for a smooth and quiet ride. Our belt never needs to be replaced or oiled
- Dual Adjustable Universal Seat adjusts vertically and horizontally



CONSOLE OPTIONS



SMART CONSOLE

This 10" LCD captive touchscreen features an Internet browser (Ethernet and Wi-Fi connections standard), streaming videos, music and more. Exercisers benefit from mobile device charging, phone/tablet docking stations, ANT+® compatibility and a console fan. Video coaching for CROSS CIRCUIT, along with Workout Booster videos, helps users properly execute exercises.



STANDARD CONSOLE

Intuitive to navigate, this LED display with integrated capacitive buttons showcases all workout feedback and supports mobile device charging. Quick Start buttons enable exercisers to immediately begin their workout; and advanced training access is convenient, with buttons for CROSS CIRCUIT, MMA and 30:30 directly on the console.

Console options are for
XT-One, LX8000, XT4700,
XT3700, and xR6000s

	Standard - Unavailable o Optional	Smart Console	Standard Console
FEATURES			
Apple Gym Kit	-	-	o
Bluetooth	•	-	-
10" glass capacitive touchscreen	•	-	-
Phone docking locations		4	3
Tablet docking locations		2	1
USB port (charging capabilities)	•	•	•
Ethernet jack	•	•	•
CSAFE ports	•	•	•
Asset management	o	o	o
Wireless heart rate ready Polar® and ANT+®	•	•	•
Console fan (3 speeds)*	•	•	•
Replaceable headphone jack	•	•	o
ENTERTAINMENT OPTIONS			
LG TV	o	o	o
900 Mhz	-	-	o
INTERNET CONNECTION REQUIRED			
Wi-Fi enabled	•	-	-
Web browsing	•	-	-
Web video streaming	•	-	-
Web applications	•	-	-
WARRANTY			
3 years advance exchange/1 year labor	•	•	•
90 days on headphone jack	•	•	•

PERSONAL ENTERTAINMENT

Exercisers can enjoy their favorite shows and multiple entertainment options via Octane’s LG TV or 900 Mhz wireless TV receiver, which can be seamlessly integrated with either the smart or standard console for a comprehensive personal entertainment solution that offers variety and exceeds expectations.



LG TV

With superior image quality and crisp colors, the premium 15.6” touchscreen LG TV offers an intuitive interface and easy access to control buttons; broad tuning capabilities, including compatibility with IPTV and Pro:Idiom; and robust, reliable hardware. Clubs can customize their interactive exercise experience with convenient access to a multitude of TV selections.

Entertainment options are for XT-One, LX8000, XT4700, XT3700, and xR6000s

LG TV FEATURES	
Screen	15.6” (40 cm) LED touchscreen
Tuners	NTSC, ATSC, DVB-T2/C, PAL, QAM
TV controls	Mute, Channel Up/Down, Volume Up/Down, Mute, Closed Captioning, Channel Input Guide, Source, SAP, Power On/Off
Inputs	HDMI/HDCP In, LAN CAT6, MPI Port, DC In, RF/AC In [RF video input]
Smart TV	Pro:Centric (IP/RF), Pro:Idiom
Power	Input: 100V – 240V AC 50/60Hz, Output: 19V DC 3.42A
Weight	15 lbs (7 Kg)
Size (L x W x H)	24.5” x 6.25” x 17.25” (62 cm x 16 cm x 44 cm)
Warranty	3 years parts/1 year labor 90 days on headphone jack

900 MHZ WIRELESS RECEIVER FEATURES	
Transmitters	Compatible with Cardio Theater, Broadcast Vision, MYE Entertainment, Enercise, Audeon
Memory	Channel settings stored
TV controls	Mute, channel/volume up and down
Inputs	Headphone jack (replaceable)
Power	Self-powered
Warranty	3 years parts/1 year labor 90 days on headphone jack

INSTANT ACCESS TO POPULAR APPS

IMMEDIATE, SINGLE BUTTON SIMPLICITY

Individuals simply press one button on the Octane console to log into Netflix™ and Amazon at any time during workouts. In today's time-crunched, tech-savvy society, exercisers now can easily multitask and capitalize on entertainment and shopping while they work out.

Octane's premium smart console offers a quick, convenient way for exercisers to enjoy their favorite apps during their workouts for enhanced entertainment and engagement, which can improve exercise adherence and member retention.

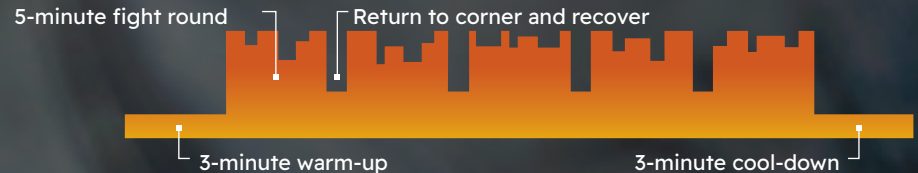
ADVANCED TRAINING PROGRAMS

MIXED MARTIAL ARTS (MMA)

PUNCH UP THE INTENSITY. PROGRAM MIMICS REAL-LIFE BOUTS.

Now exercisers can test their skills in Octane's unique regimen that mimics rigorous training routines like those used by a fighter in the cage.

After a 3-minute warm-up, exercisers battle it out with the machine in five-minute rounds that include five alternating 'fight' and 'recover' intervals of various lengths. The harder users punch with their arms, the more resistance the machine delivers. They recover for three minutes, then begin again. It's truly a stamina-building experience!

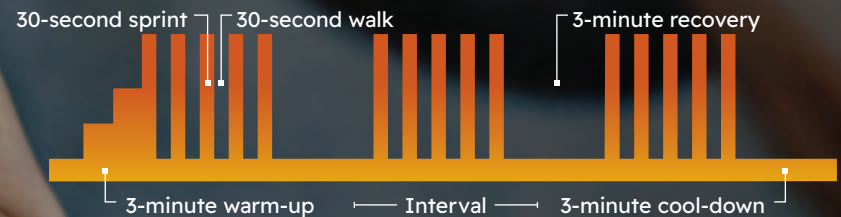


MMA

30:30 INTERVAL

MOTIVATES AND CHALLENGES. IMPROVES HEART RATE RECOVERY FITNESS.

The 30:30 program is an innovative workout program available exclusively on Octane Fitness machines. **It motivates and challenges exercisers of all abilities, from beginners to elite athletes, and boosts cardiovascular performance.** This unique routine also works as a fitness measurement tool; the faster the heart rate recovery, the greater the fitness level. Tracking improvements in heart rate recovery is a key factor in measuring overall fitness condition.



30:30

COMPARISON: STANDING CROSS-TRAINERS

<ul style="list-style-type: none"> • Standard - Unavailable ◦ Optional 	XT-One	LateralX	XT4700	XT3700	PRO3700C	Pro310
KEY MECHANICAL FEATURES						
Stride lengths	20"- 28" (51 cm - 71 cm)	-	20"- 28" (51 cm - 71 cm)	24" (61 cm)	24" (61 cm)	20.5" (52 cm)
Adjustable incline	•	-	-	-	-	-
Electronically adjustable	Stride	Lateral Width	Stride	-	-	-
Quiet motor	•	•	•	-	-	-
Close pedal spacing	•	-	•	•	•	•
Low step-up height	•	•	•	•	•	•
Soft grip pedals	-	•	-	-	-	-
Covered track and rollers	-	-	•	•	•	-
MultiGrip and Converging Path handles	•	•	•	•	•	•
Fingertip controls on moving handlebars	•	•	•	-	-	-
Moving handlebar lock-out option	•	•	•	•	•	•
1-time adjustable handlebar position	•	•	-	-	•	•
Side steps	◦	-	◦	◦	◦	-
Phone holder	•	•	•	•	•	•
Water bottle holder	•	•	•	•	•	•
Tablet/reading rack (smart console only)	•	•	•	•	-	•
Transport wheels	•	•	•	•	•	•
ELECTRONIC FEATURES						
Resistance levels	30	30	30	30	30	20
SmartStride®	•	-	•	-	-	-
Digital contact heart rate on moving handlebars	•	•	•	-	-	•
Digital contact heart rate on stationary handlebars	-	-	-	•	•	-

<ul style="list-style-type: none"> • Standard - Unavailable ◦ Optional 	XT-One	LateralX	XT4700	XT3700	PRO3700C	Pro310
Wireless heart rate ready (ANT+® & Polar®)	•	•	•	•	-	-
Wireless heart rate ready (Polar®)	-	-	-	-	•	•
Console fan (3 speeds)	•	•	•	•	-	-
Self-powered (standard console only)	•	•	•	•	•	-
HeartLogic™ Intelligence	-	-	-	-	•	•
Phone charging via USB port	•	•	•	•	-	-
CSAFE	•	•	•	•	-	-
CONSOLE OPTIONS						
Smart	◦	◦	◦	◦	-	-
Standard	•	•	•	•	•	•
ENTERTAINMENT OPTIONS						
LG TV	◦	◦	◦	◦	-	-
Wireless 900 Mhz	◦	◦	◦	◦	◦	-
WORKOUTS						
Number of programs	15	14	15	12	19	12
PRESET PROGRAMS						
Manual	•	•	•	•	•	•
Random	•	•	•	•	•	•
Interval	-	•	•	•	•	-
Distance Goal	•	•	•	•	-	-
Calories Goal	•	•	•	•	-	-
Custom Interval	•	-	-	-	•	•
Beginner	-	-	-	-	-	•
Hill	-	-	-	-	•	-
10K	-	-	-	-	•	•



<ul style="list-style-type: none"> • Standard - Unavailable ° Optional 	XT-One	LateralX	XT4700	XT3700	PRO3700C	Pro310
HEART RATE-CONTROLLED PROGRAMS						
Heart Rate Fat Burn	•	•	•	•	•	•
Heart Rate Cardio	-	-	-	-	•	•
Heart Rate Interval	-	•	•	•	•	•
Heart Rate Custom Interval	•	-	-	-	•	-
Heart Rate Hill	-	-	-	-	•	-
Heart Rate Speed Interval	-	-	-	-	•	-
New Leaf® Custom	-	-	-	-	•	-
ADVANCED PROGRAMS						
CROSS CIRCUIT®	•	•	•	•	•	-
30:30 Interval	•	•	•	•	•	•
MMA	•	•	•	•	•	-
Constant Watts	•	•	•	•	•	-
Constant METs	•	•	•	•	•	-
Navy PTR	-	-	-	-	•	-
350 Calories	-	-	-	-	-	•
750 Calories	-	-	-	-	-	•
Half Marathon	-	-	-	-	-	•
INCLINE PROGRAMS						
Mountain Peak	•	-	-	-	-	-
30:30 Hill	•	-	-	-	-	-
Progressive Hill	•	-	-	-	-	-
STRIDE LENGTH PROGRAMS						
SmartStride®	•	-	-	-	-	-
PowerWalk	-	-	•	-	-	-
Stride Interval	-	-	•	-	-	-
Dual Direction	-	•	•	-	-	-
Lateral Interval	-	•	-	-	-	-
WORKOUT BOOSTERS						
X-Mode	•	•	•	•	•	•
ArmBlaster	•	-	•	•	•	•

<ul style="list-style-type: none"> • Standard - Unavailable ° Optional 	XT-One	LateralX	XT4700	XT3700	Pro3700C	Pro310
SmartStride®	-	-	•	-	--	-
GlutePower	•	-	-	-	-	-
GluteKicker	-	-	•	•	•	•
ThighToner	-	•	-	-	-	-
QuadPower	-	•	-	-	-	-
PRODUCT SPECIFICATIONS						
Max user weight	400 lbs (181 kg)	400 lbs (181 kg)	400 lbs (181 kg)	400 lbs (181 kg)	400 lbs (181 kg)	300 lbs (136 kg)
Footprint (W x L)	33" x 75" (84 cm x 191 cm)	42" x 63" (106 cm x 160 cm)	33" x 77" (84 cm x 196 cm)	33" x 77" (84 cm x 196 cm)	31" x 69" (78 cm x 175 cm)	31" x 65" (79 cm x 165 cm)
Footprint - live area (W x L)	33" x 92" (84 cm x 234 cm)	42" x 63" (106 cm x 160 cm)	37" x 87" (94 cm x 221 cm)	37" x 87" (94 cm x 221 cm)	34" x 83" (86 cm x 210 cm)	34" x 76" (86 cm x 193 cm)
Product weight	395 lbs (180 kg)	388 lbs (176 kg)	364 lbs (165 kg)	342 lbs (155 kg)	320 lbs (145 kg)	260 lbs (118 kg)
Footprint with side steps (W x L)	37" x 88" (94 cm x 224 cm)	-	37" x 85" (94 cm x 216 cm)	37" x 87" (94 cm x 221 cm)	37" x 83" (94 cm x 211 cm)	-
Weight with side steps	427 lbs (194 kg)	-	390 lbs (177 kg)	368 lbs (167 kg)	348 lbs (158 kg)	-
WARRANTY*						
Frame	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime
Parts	3 years	3 years	3 years	3 years	3 years	2 years
Labor	1 year	1 year	1 year	1 year	1 year	1 year

*Warranty outside the US and Canada may vary

WHO USES OCTANE?

HEALTH CLUBS AND RECREATION CENTERS

24 Hour Fitness

A-Rod Energy
Active Life Fitness Center
Albany JCC
American Family Fitness

Anytime Fitness

Athletes' Performance, Inc. (EXOS)

Bailey's Health & Fitness
Baldwin Athletic Club
Better Bodies
Body Builders Gym
Body Xchange
Bodyplex
Bowling Green Parks and Rec.

Buffalo/Rochester Athletic Club

California Family Fitness
Caloric Responsibility
Capital Fitness
Celebrity Fitness
Centennial Commons Rec Center
Champion Fitness

Chuze Fitness

Chicago Fitness Express
City of Victoria CC
Club 16
Club 24
Club Fitness
Club Metro

Club One

Columbia Association
Contours Express

Cooper Fitness

Core Performance

Crunch

Dearborn Racquet & Health
Desert Palms Health and Racquet Club

Equinox

E-Town Swim & Fitness Center

Elite Fitness

EOS Fitness

Evelyn Rubenstein JCC of Houston

Extreme Fitness

Fit For Life

Fitness 24/7

Fitness Evolution

Fitness First

Fitworks

Fitness Formula Clubs

Fuel Fitness and Tanning

Future Fitness Centers

Giant Fitness

Gold's Gym

GoodLife Fitness

Halstead at Arlington

Health Plex

Houstonian

Human Performance Center

Inches Away

JCC

Kingsmill Resort

L & T Health and Fitness

Ladies Workout Express

Lady of America

Lakeshore Athletic Clubs

Leader Health and Fitness

Life Spa Fitness

Life Time Fitness

Lifestyle Family Fitness

Macomb Community Center

Merage JCC

Meridian/Tilton Fitness & Wellness

Merritt Athletic Club

Mid-Hudson Athletic Club

Midtown/TCA

Missouri Athletic Club

Model A Fitness

Motion Fitness

Motivation Inc.

Movati Athletic Clubs

National Fitness Center

New York Health & Racquet Clubs

Nitro Fitness

Oakland Athletic Club

Old Town Athletic Club

Olympia Resort

One Life Fitness

Performance Playground

Planet Fitness of New Hartford

Plattsmouth Community Center

Powerhouse Gyms

Preston Center Training

Provena Fitness

Pure Austin

Regymen Fitness

Retro Fitness

Richmond Heights Rec Center

Robert Wood Johnson Fitness

& Wellness

Simply Fit

Snap Fitness

Spectrum Athletic Clubs

Spectrum Fitness

Spirit A Fitness

Sport & Health

St. Peters Rec Plex

Steve Nash Fitness World

Sunoco

Super Fitness

SuperFit

Superior Athletic Club

Texas Family Fitness

The Alaska Clubs

The Center of Clayton

The Edge Fitness Clubs

The Lodge Rec Center

The Point Athletic Club

The Solana Club

The Studio

The Summit Tennis and Athletic Club

The Training Station

UFC Gym

Universal Athletic Club

Upper Valley Aquatic Center

VASA Fitness

Victory Fitness

Villasport

Wellbridge

Women's Super Fitness

Women's Workout World

Woodside Tennis & Health Club

World Fitness

World Gym

Wow! Fitness

Wyomissing Fitness & Training

XSport Fitness

Xanadu, ON

Youfit

YMCA



CORPORATE WELLNESS CENTERS

Abercrombie & Fitch
Anheuser-Busch
Auto Trader
Bemis Company, Inc.
Blue Cross Blue Shield
Bridgestone Firestone
Del Monte Foods
Delta Air Lines
Devon Energy
Facebook
Federal Reserve Bank of Atlanta
Ford Motor Company
General Electric
Georgia Pacific Corporate HQ
Google Inc.
Honeywell
Intel
Johnson & Johnson
Louisville Slugger
McDonald's Canada
New Leaf Fitness
Paycor
Price Edwards & Company
Procter & Gamble
Reebok Corporation
Ritz-Carlton
Rubbermaid
Safeway, Inc.
Sallie Mae
SYSCO Food Service
The Hershey Company
The NorthFace Corporate HQ
Toyota USA
Turner Athletic Club (CNN)
UPS
Verizon
Walgreens
Wellmark

COLLEGES AND UNIVERSITIES

Alcorn State University
Bowling Green State University
Carnegie Mellon
Columbia University
Clemson
Cleveland State University
Duke University
Gardner Webb, NC
Georgetown
Georgia State University
Indiana University
James Madison University, VA
Michigan State University
Minnesota State University
Mount St. Mary's College
Northern Kentucky University
Northeastern University
Ohio State University
Ohio University
RPI
Sam Houston State University, TX
Seton Hall University, NJ
South Dakota State University

Stonehill College
SUNY Brockport
Syracuse
Texas A&M
UMASS
University of British Columbia
University of Cincinnati
University of Georgia
University of Illinois
University of Iowa
University of Kentucky
University of Louisville
University of Maryland
University of Minnesota
University of Memphis
University of Rochester
University of Southern Florida
University of Southern Mississippi
University of Tennessee
University of Wisconsin
Virginia Commonwealth University
Washburn University, KS

PRO ATHLETIC TEAMS

Arizona Cardinals
Arizona Diamondbacks
Carolina Panthers
Chicago Bears
Cleveland Browns
Indiana Pacers
Kansas City Chiefs
New York Giants
San Francisco 49ers

MILITARY/GOVERNMENT

173rd Wing Oregon
Air National Guard
Canadian Forces Base
Defense Logistics Agency
D.H.S. Federal Law Enforcement
Training Center
Fort Bragg (Special Operations)
Fort Sam Houston (Metc)
Joint Base Langley - Eustis
Macdill Air Force Base
(Special Operations Command)

Naval Air Station Pensacola
Naval Special Warfare Group Four
Nellis Air Force Base
Orlando V.A. Medical Center
Patrick Air Force Base
Scott Air Force Base
U.S. Air Force Academy
U.S. Border Patrol
U.S. Coast Guard

U.S. Marine Corps Air Ground Combat
Center 29 Palms
U.S. Marine Corps Base Camp Pendleton
U.S. Marshals Service
U.S. Naval Academy
U.S.S. John C. Stennis (Supercarrier)
Utah Army National Guard
Vancouver Police



Octane

888-OCTANE-4 octanefitness.com

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